

LOWELL CREW

WINTER CONDITIONING STARTS JANUARY 11, 2027

NO EXPERIENCE NECESSARY! GRADES 9-12

NEW ATHLETE INFORMATION NIGHT

MONDAY, JANUARY 11 - 6PM
FRESHMAN CAFETERIA

PRACTICES FOR **RETURNING ATHLETES** BEGIN
JANUARY 12 - TUE/THU @ 6-8PM
LOWELL HIGH SCHOOL

QUESTIONS? EMAIL US AT:
LOWELLCREWCOACHES@GMAIL.COM

All athletes must be registered in Final Forms in order to participate.